

# Orange Borscht

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*The bright, crisp flavor of oranges is a delicious match against the sweet, earthy flavor of red beets. Enjoy this slightly sweet soup as a wintry dessert or midday snack.*

## Ingredients:

1 pound beets, scrubbed, trimmed  
2 cups orange juice  
1 cup plain yogurt  
½ cup sour cream  
2 tablespoons lemon juice  
Sour cream, for serving  
Fresh mint leaves, for garnish

## Directions:

- 1) Bring a large pot of water to a boil; add beets and cook until soft, about 40 minutes. Remove and set aside until cool enough to handle.
- 2) Peel beets and chop coarsely. Transfer to food processor; add orange juice, yogurt, sour cream, and lemon juice. Puree until completely smooth; strain if desired.
- 3) Chill mixture 1 hour before serving. To serve, ladle into small dessert bowls; top with sour cream and fresh mint.